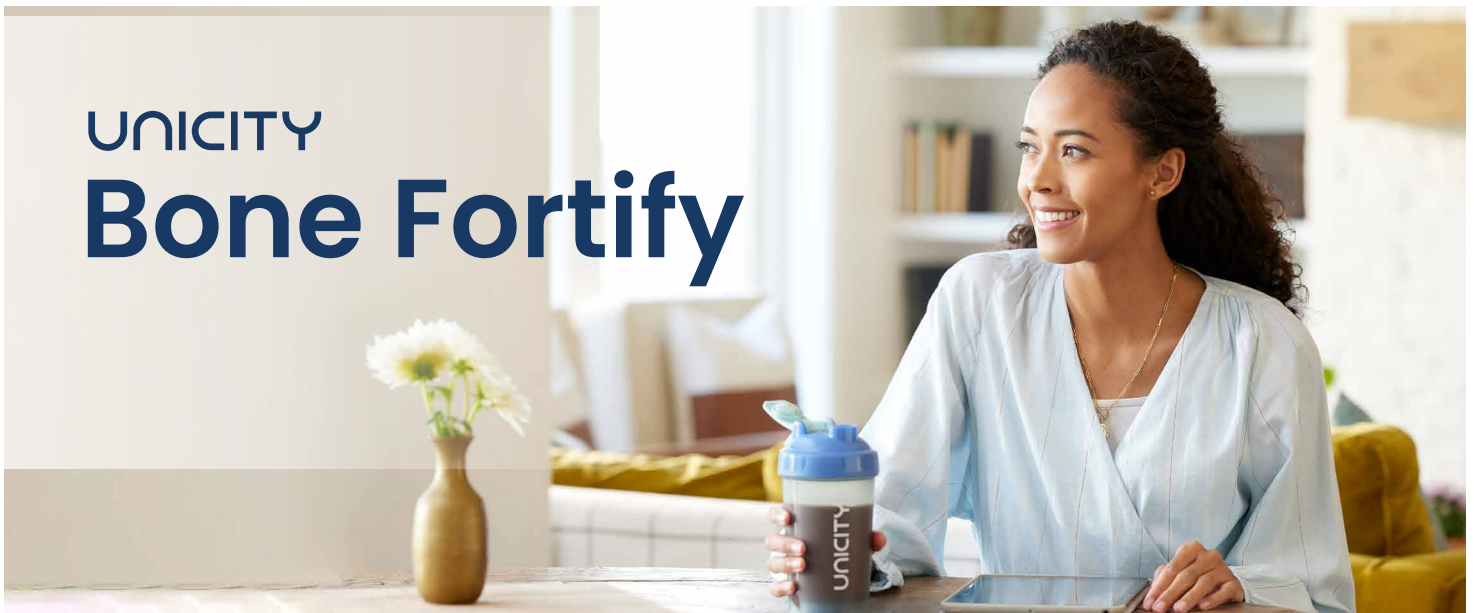


UNICITY Bone Fortify



Our bones are living tissues that give our bodies shape, store crucial minerals, protect vital organs, and enable our movements. However, aging and the lack of proper nutrition can compromise this essential structure. Young or old, physically active or inactive, male or female—we all need vitamin D, magnesium, vitamin K, and calcium to help maintain healthy bones. Providing healthy support for this essential structure is imperative for a healthy life.

Bone Fortify offers a multi-tiered approach to bone health, helping to give your bones the best support possible. With its unique blend of calcium, vitamin D, vitamin K, and magnesium, Bone Fortify is a delicious powdered drink mix specially formulated to support the body's natural processes responsible for overall bone health.

Features

- Easy-to-mix powder formula Contains calcium, vitamin D, vitamin K, magnesium, and other nutrients essential for bone health
- Contains calcium citrate malate, a highly bioavailable form of water-soluble calcium
- Formulated to allow better and faster absorption
- Berries and cream flavor that is delicious on its own, or can be added to your favorite smoothies, shakes, and drink-based Unicity products

Benefits



Supports overall bone health*



Helps support the natural process involved in calcium and magnesium utilization in the body*



Helps support important collagen production process*



Optimizes distribution and absorption of certain vitamins and minerals*

Use

Add one scoop of Bone Fortify to 8 oz. (240 mL) of water and mix well.

Pro Tip: Bone Fortify can be taken at any time, but we recommend taking it with your evening meal. Taking it with food helps the body absorb nutrients better, and taking it at night helps the body maximize the benefits of calcium and other nutrients while you rest.

Ideal For

Adults of all ages looking to support overall bone health throughout their adult lives

Those looking for a multifunctional bone-health supplement that offers more than a standard calcium-only supplement

Adults wanting to maintain an active lifestyle

Try This!

Bone Fortify is delicious on its own or as an addition to your favorite Unicity product.

Mix with Unimate Lemon for a delicious berry lemonade.

Mix with Matcha Energy or Matcha Focus for an added calcium and vitamin D boost to your afternoon pick-me-up .



Ingredients

Calcium ascorbate:

Helps support healthy bone density and promotes collagen production. In the digestive system, calcium ascorbate separates into calcium and ascorbic acid (vitamin C). The release of vitamin C helps the body better absorb calcium.

Vitamin D3 cholecalciferol:

Enhances the body's calcium and magnesium absorption. Studies have shown that calcium and vitamin D supplementation has had positive effects on bone health and bone strength.

Vitamin K2:

A fat-soluble vitamin essential in ensuring that calcium is used in the bones and not deposited in the arteries and soft tissues in the body. Vitamin K2 and D3 work synergistically, meaning that taking them together provides more benefits than taking either on its own.

Calcium citrate:

Promotes the maintenance of healthy bone mass. Calcium citrate is also more gentle on the digestive system than other forms of calcium as it does not need stomach acids to dissolve and be used in the body.

Magnesium citrate:

Magnesium is essential in hundreds of cellular processes, including calcium uptake in bone tissue.

Ionic trace minerals:

A unique blend of 72 trace minerals that help support many of the body's functions. These minerals are used by the nervous system and help with the assimilation of the other vitamins and minerals in Bone Fortify.

Boron:

Provides benefits for joint mobility as it aids in the absorption of vitamin D. Boron plays an important role in the metabolism of calcium and magnesium, which is essential in bone growth and maintenance.

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*Note: Maintaining a healthy diet and exercise regimen and getting plenty of sleep will help support a healthy immune system.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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UNICITY Bone Fortify

Frequently Asked Questions



Who should take Bone Fortify?

Adult men and women of all ages can benefit from Bone Fortify. A common assumption is that only women need bone support, but in reality, everyone needs to support and fortify their bones. Bones have so many functions that we use daily, so it's important to supply them with the nutrients they need to keep us moving.

Is it better to take a calcium supplement in pill or powder form?

A powder supplement like Bone Fortify is more readily digested and absorbed in the body than a calcium supplement that comes in pill form.

How is Bone Fortify different from other calcium supplements?

Calcium is essential for strong bones, but to maximize its benefits, it should be combined with other nutrients. Bone Fortify contains a unique blend of vitamins and minerals. The combination of vitamin D with K2 and magnesium helps the body get the most from the calcium it absorbs.

Is Bone Fortify suitable for vegans?

No. The Vitamin D used in Bone Fortify is animal sourced (lanolin).

Is it safe to take Bone Fortify with other Unicity products like Joint Mobility?

Yes, Bone Fortify can be taken alongside other Unicity products and is a great addition to any of the drink-based products. Many like to take Bone Fortify with Joint Mobility, as the ingredients in both products work together to support bones and joints.

How many carbs are in a serving of Bone Fortify?

Each serving of Bone Fortify contains only 3 grams of net carbs.

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